

SACRED HEART OF JESUS CATHOLIC PARISH

February 19, 2012

Seventh Sunday in Ordinary Time



205 Second Ave. N. Seattle, WA 98109-4817

Office Phone: (206) 284-4680

Office Hours: 9am-noon, 1pm-4:30pm, Monday

9am-noon, 1pm-5pm, Tuesday - Friday

www.SacredHeartSeattle.com

MASS SCHEDULE

Monday—Saturday 8:00am

Monday—Friday 12:10pm

Tuesday 5:30pm

Saturday Vigil 5:30pm

Sunday 9am, 11am, and 5:30pm

Reconciliation: 30 min. before Daily Masses
Saturday 4pm-5pm

MISSION STATEMENT

We are a Catholic community dedicated to the Sacred Heart of Jesus, ministered by the Redemptorists in the Archdiocese of Seattle.

We are a welcoming community of baptized disciples.

Through our Liturgy, Sacraments, Faith Formation, and Pastoral Care, we dedicate ourselves to being:

- *a Sacramental Community united in God's love*
- *a Community of Faith which shares in the teaching mission of Christ*
- *a Community of Stewardship of time, talent, and treasure serving people most in need*
- *a Community called to witness and proclaim the Good News through the power of the Holy Spirit*

With the grace of God, the guidance of the Holy Spirit, and the maternal protection of Our Mother of Perpetual Help, we devote ourselves to living this mission.

Pastor: Fr. Binh Ta, C.Ss.R.

Parochial Vicar: Fr. Mark Scheffler, C.Ss.R.

REDEMPTORIST COMMUNITY

Fr. Lyle Konen, C.Ss.R.

Fr. Bill Cleary, C.Ss.R.

Fr. Ray Maiser, C.Ss.R.

Fr. Bill Peterson, C.Ss.R.

Fr. Timothy Watson, C.Ss.R.



PARISH STAFF

Parish Office: Info@SacredHeartSeattle.com

Pastoral Asst. for Administration:

Val Valmonte, Val@SacredHeartSeattle.com

Administrative Assistant:

Noemi Reyes, NoemiR@SacredHeartSeattle.com

Maintenance:

Eddie Toups and Nazario Murrillo

PARISH MINISTRIES

Pastoral Council Chair: Roberta de Vera
Roberta@SacredHeartSeattle.com

Finance Council Chair: Giorgio Pompei

Cantor/Choir Director: Pam Nim

Books & Gifts Director: Lorie Pantig

Young Adult Ministry: Yams@SacredHeartSeattle.com

Dear Parishioners and Friends of Sacred Heart,

This past Wednesday I went to see my Spiritual Director for the Sacrament of Reconciliation (i.e., Confession) and for sacred guidance. Being a priest, yet still being human, I periodically checked in with a trusted guide to help me “listen” to how God wants me to live and serve as a person and as a vowed religious (i.e., Redemptorist).

Knowing and responding to what God intends for us is ultimately the heart of our vocation as a married or single person, a nurse or social worker or priest, etc. But to really know and faithfully respond to God, we must take needed time to LISTEN to him “whispering” to our hearts.

This Wednesday, February 22, is Ash Wednesday and the beginning of Lent. The ashes remind us of how fragile human life is and how much we need God to guide us putting or keeping our lives in order. This Holy Season of Lent is thus a sacred gift of 40 days of listening, and more listening, so that to grow in love with the Lord and grow in harmony with other people. We do that by prayer, fasting, and almsgiving.

So each day carve out a block of time for prayer: Weekday Mass when you can; utilize the “Little Black Book” for quiet time with the Lord. Each day take on one fasting: Transfer 10 minutes of TV or internet to reaching out to a homebound elder or an inactive Catholic; cut down a portion of food or personal spending and then donate the saving to help the poor, etc. Each small, consistent effort during Lent can and will bring us closer to the Risen Lord.

Please note the schedules for Mass and other spiritual activities during this Holy Season of Lent and Holy Week, starting with Ash Wednesday. Keep the schedules as a reminder to benefit from various opportunities for spiritual growth this Lent.

Also, look for exciting news on our parish food program in today’s bulletin.

Next weekend, February 25-26, will be an annual drive for the Catholic Progress – the official Archdiocesan newspaper. Please see the bulletin for additional details on this drive.

With love in Christ the Redeemer,
Fr. Binh Ta, C.Ss.R.



The Stewardship Of Treasure

Annual Goal	\$ 294,000
Year to Date Goal	186,450
Weekly Goal	5,650

Collections for the Week Ending February 12, 2012

Feb. 12th Weekend Offering	\$ 4,553
Year to Date Collections	167,190
Parish Improvement Collection (net)	8,429
Food Program (net)	73,268
EFTs through Jan. 2012	\$ 19,290

Food Program is Ready to Roll this Tuesday!

Our parish food ministry, known as Queen Anne Food Program at Sacred Heart, will begin serving sack lunches to our homeless brothers and sisters this “Fat Tuesday,” February 21, and soon after provide groceries to underemployed families. The program is open Monday – Friday. We still accept volunteers to serve “Christ in the poor.” Please call Ms. Elise Hale-Case at 206-284-4680 for volunteer opportunities.

Daily Mass Intentions

Sun	Feb.19	9:00am	† Charles De Marra
		11:00am	† Judy Murphy
		5:30pm	Sacred Heart Parish
Mon	Feb.20	8:00am	Judy Day
		12:10pm	Daniel Mulholland
Tue	Feb.21	8:00am	† Adele D'Ambrosio
		12:10pm	† John Peter Duplica
		5:30pm	† Robert Richards
Wed	Feb.22	8:00am	† Claire Venables
		12:10pm	Karl Pfeffer
		7:00pm	Annabel Branigan
Thu	Feb.23	8:00am	† Donald Murray
		12:10pm	† Larry Donnaberg
Fri	Feb.24	8:00am	† Robert Richards
		12:10pm	† Norman Roberts
Sat	Feb.25		Death Anniversary
		8:00am	† Fr. Thé Pham, C.Ss.R.
		5:30pm	Special Intentions

Daily Readings from February 20 to 25, 2012

2/20	James 3:13-18	Psalms 19:8-10,15	Mark 9:14-29
2/21	James 4:1-10	Psalms 55:7-11,23	Mark 9:30-37
2/22	Joel 2:12-18	Psalms 51:3-6,	Mathew 6:1-6,16-18
	2 Corinthians 5:20--	12-14, 17	
	6:2		
2/23	Deuteronomy 30:15-20	Psalms 1:1-6	Luke 9:22-25
2/24	Isaiah 58:1-9	Psalms 51:3-6,18-19	Matthew 9:14-15
2/25	Isaiah 58:9-14	Psalms 86:1-6	Luke 5:27-32

† Claire Venables † Rest in Peace

Claire Venables, mother of Paul Venables, was called to receive her eternal reward on February 4, 2012. The funeral mass was celebrated at St. Anne's Church on February 18. Please pray for the repose of the soul of Claire. May she rest in peace.

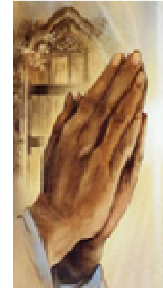
The Catholic Northwest Progress Subscription Sunday February 26

The Progress has been the official paper of the Archdiocese of Seattle since 1899. It is the best way to stay informed about local, national, & international Catholic news. Next weekend (Feb.26) will be "Progress Weekend" at Sacred Heart. The parish will receive \$10 for every 1 year subscription and \$20 for every 2 year subscription. Look for next week's bulletin insert for more information.

Subscribe to the Progress and earn money for Sacred Heart Parish.

Please Pray for the Following People

Christina Buckley
Diedre Evans
Rose Ann Haas
Paul Sweeney
Paul Dargan
Joseph Usher
Catherine Binford
Barbara Felzer
Margaret Hernandez
Louise Steuart & Family



Dorothy Usher
Bernadette Berry
Jerry & Mary Pat
Dan Rosenberg
Daniel Mulholland
Jerry Usher
Ellen Donohoe
Kayla Preston
Judy Day
Anne Carroll

HIPAA Laws require permission to publish names

This Week at Sacred Heart

February 19, Sunday

- Coffee Hour after the 9am & 11am Masses
- Legion of Mary, Adoration Chapel, 12:30pm

February 20, Monday: President's Day Holiday

- Masses at 8am & 12:10pm with Confessions
- Office is closed

February 21, Tuesday

- MPH Novena after 8am, 12:10pm, & 5:30pm Masses
- RCIA class, Fellowship Room, 7:00pm

February 22, Ash Wednesday

- Fast and Abstinence (see bulletin insert)
- Soup Luncheon at the Fellowship Room after the 12:10pm Mass

February 24, Friday

- Day of Abstinence (see bulletin insert)
- Stations of the Cross, 6:30pm
- Soup Supper at the Fellowship Room after the Stations of the Cross

February 25, Saturday

- La Luz de Cristo, Adoration Chapel, 10am to noon
- Bereavement Support Group, Adoration Chapel 1:30pm - 3:00pm

Operation Rice Bowl

This Lent, Sacred Heart Parish will be joining millions of Catholics across the country by participating in Operation Rice Bowl. Your family is invited to pick up a Rice Bowl packet in the vestibule starting this weekend and join in this Lenten practice.

Operations Rice Bowl invites us to **pray** with our family, **fast** in solidarity with those who are hungry, **learn** about our brothers and sisters around the world, and **give** to help those in need. Visit orb.crs.org for more details.

Please remember Sacred Heart of Jesus Parish in your Will and Estate Planning

Sacred Heart of Jesus Church

Lent 2012

Ash Wednesday, Feb.22	Masses & Distribution of Ashes	8am, 12:10pm, 7pm
Wednesdays during Lent	Stations of the Cross followed by Soup Luncheon	12:10pm
Fridays during Lent	Stations of the Cross followed by Soup Supper	6:30pm
March 24, Saturday	Communal Penance Service	3pm
Palm Sunday, April 1	Beginning of Holy Week - Weekend Masses	March 30, Vigil Mass: 5:30pm April 1: 9am, 11am, 5:30pm
PASCHAL TRIDUUM		
Holy Thursday, April 5	Mass of the Lord's Last Supper	7pm (No Confessions)
Good Friday, April 6	Stations of the Cross Commemoration of the Lord's Passion	12:10pm (No Confessions) 7pm
Holy Saturday, April 7	Easter Vigil Mass Light Reception for the newly Baptized and Confirmed members of the Church	7pm (No Confessions) Following the Vigil Mass
Easter Sunday, April 8	Celebration of the Lord's Resurrection	9am & 11am (No 5:30pm Mass)

Ash Wednesday and Good Friday: Days of Fast and Abstinence

All Fridays in Lent: Days of Abstinence

Fasting:

- When: Observed on Ash Wednesday and Good Friday
- Who should fast: all Catholics ages 18 to 59
- What is allowed:
 - One full meal sufficient to maintain strength is allowed
 - Two more smaller meals are permitted but should not be as much as the one full meal
 - Liquids are allowed between meals
- What is not allowed: Eating solid foods between meals is not permitted

Abstinence:

- When: Ash Wednesday, Good Friday, and all Fridays of Lent
- Who should abstain: all Catholics 14 years and older
- What is not allowed: Eating meat

Weekdays of Lent: There is no obligation to fast. Voluntary acts of self-denial are recommended. All are encouraged to do extra acts of charity, to reach out in kindness and good will to others, and to actively engage in focusing on their prayers and spiritual life.

Easter Duty of Obligation: After receiving First Holy Communion, Catholics are bound by obligation to receive Communion at least once a year. This should be fulfilled during the Easter Season. Catholics are also bound to confess serious (mortal) sins at least once a year, but this is not limited to the Lenten and Easter Season

DAILY SCRIPTURE READINGS - LENT 2012

Date	1st Reading	Psalms	2nd Reading	Gospel
Feb.22, Wed	Joel 2:12-18	51:3-6,12-14,17	2 Corinthians 5:20--6:2	Matthew 6:1-6,16-18
Feb.23, Thu	Deuteronomy 30:15-20	1:1-6		Luke 9:22-25
Feb.24, Fri	Isaiah 58:1-9	51:3-6,18-19		Matthew 9:14-15
Feb.25, Sat	Isaiah 58:9-14	86:1-6		Luke 5:27-32
Feb.26, Sun	Genesis 9:8-15	25:4-9	1 Peter 3:18-22	Mark 1:12-15
Feb.27, Mon	Leviticus 19:1-2,11-18	19:8-10		Matthew 25:31-46
Feb.28, Tue	Isaiah 55:10-11	34:4-7,16-19		Matthew 6:7-15
Feb.29, Wed	Jonah 3:1-10	51:3-4,12-13,18-19		Luke 11:29-32
Mar.1, Thu	Esther C12:14-16,23-25	138:1-3,7-8		Matthew 7:7-12
Mar.2, Fri	Ezekiel 18:21-28	130:1-5,7-8		Matthew 5:20-26
Mar.3, Sat	Deuteronomy 26:16-19	119:1-5,7-8		Matthew 5:43-48
Mar.4, Sun	Genesis 22:1-2,9,10-13,15-18	116:10,15-19	Romans 8:31-34	Mark 9:2-10
Mar.5, Mon	Daniel 9:4-10	79:8-9,11,13		Luke 6:36-38
Mar.6, Tue	Isaiah 1:10,16-20	50:8-9,16-17,21,23		Matthew 23:1-12
Mar.7, Wed	Jeremiah 18:18-20	31:5-6,14-16		Matthew 20:17-28
Mar.8, Thu	Jeremiah 17:5-10	1:1-4,6		Luke 16:19-31
Mar.9, Fri	Genesis 37:3-4,12-13,17-28	105:16-21		Matthew 21:33-43,45-46
Mar.10, Sat	Micah 7:14-15,18-20	103:1-4,9-12		Luke 15:1-3,11-32
Mar.11, Sun	Exodus 20:1-17	19:8-11	1 Corinthians 1:22-25	John 2:13-25
Mar.12, Mon	2 Kings 5:1-15	42:2,3--43:3,4		Luke 4:24-30
Mar.13, Tue	Daniels 3:25,34-43	25:4-9		Matthew 18:21-35
Mar.14, Wed	Deuteronomy 4:1,5-9	147:12-13,15-16,19-20		Matthew 5:17-19
Mar.15, Thu	Jeremiah 7:23-28	95:1-2,6-9		Luke 11:14-23
Mar.16, Fri	Hosea 14:2-10	81:6-11,14,17		Mark 12:28-34
Mar.17, Sat	Hosea 6:1-6	51:3-4,18-21		Luke 18:9-14
Mar.18, Sun	2 Chronicles 36:14-16,19-23	137:1-6	Ephesians 2:4-10	John 3:14-21
Mar.19, Mon	2 Samuel 7:4-5,12-14,16	89:2-5,27,29	Romans 4:13,16-18,22	Matthew 1:16,18-21,24
Mar.20, Tue	Ezekiel 47:1-9,12	46:2-3,5-6,8-9		John 5:1-16
Mar.21, Wed	Isaiah 49:8-15	145:8-9,13-14,17-18		John 5:17-30
Mar.22, Thu	Exodus 32:7-14	106:19-23		John 5:31-47
Mar.23, Fri	Wisdom 2:1,12-22	34:17-21,23		John 7:1-2,10,25-30
Mar.24, Sat	Jeremiah 11:18-20	7:2-3,9-12		John 7:40-53
Mar.25, Sun	Jeremiah 31:31-34	51:3-4,12-15	Hebrews 5:7-9	John 12:20-33
Mar.26, Mon	Isaiah 7:10-14--8:10	40:7-11	Hebrews 10:4-10	Luke 1:26-38
Mar.27, Tue	Numbers 21:4-9	102:2-3,16-18,19-21		John 8:21-30
Mar.28, Wed	Daniel 3:14-20,91-92,95	Daniel 3:52-56		John 8:31-42
Mar.29, Thu	Genesis 17:3-9	105:4-9		John 8:51-59
Mar.30, Fri	Jeremiah 20:10-13	18:22-7		John 19:31-42
Mar.31, Sat	Ezekiel 37:21-28	Jeremiah 31:10-13		John 11:45-46