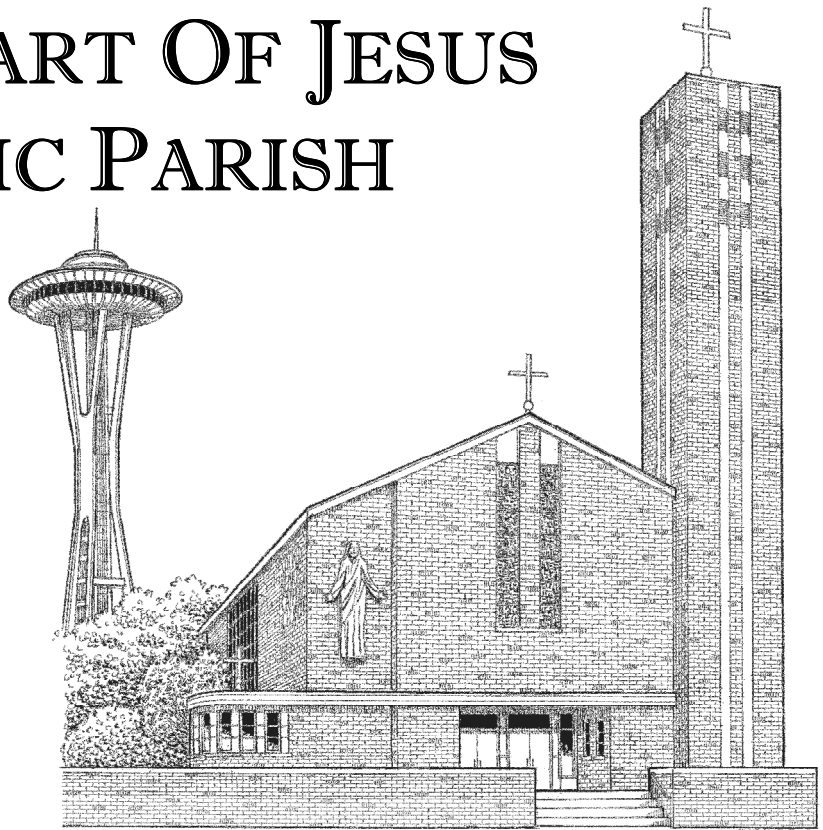


SACRED HEART OF JESUS CATHOLIC PARISH

January 29, 2012
Fourth Sunday in Ordinary Time



205 Second Ave. N. Seattle, WA 98109-4817

Office Phone: (206) 284-4680

Office Hours: 9am-noon, 1pm-4:30pm, Monday

9am-noon, 1pm-5pm, Tuesday - Friday

www.SacredHeartSeattle.com

MASS SCHEDULE

Monday—Saturday 8:00am

Monday—Friday 12:10pm

Tuesday 5:30pm

Saturday Vigil 5:30pm

Sunday 9am, 11am, and 5:30pm

Reconciliation: 30 min. before Daily Masses

Saturday 4pm-5pm

MISSION STATEMENT

We are a Catholic community dedicated to the Sacred Heart of Jesus, ministered by the Redemptorists in the Archdiocese of Seattle.

We are a welcoming community of baptized disciples.

Through our Liturgy, Sacraments, Faith Formation, and Pastoral Care, we dedicate ourselves to being:

- *a Sacramental Community united in God's love*
- *a Community of Faith which shares in the teaching mission of Christ*
- *a Community of Stewardship of time, talent, and treasure serving people most in need*
- *a Community called to witness and proclaim the Good News through the power of the Holy Spirit*

With the grace of God, the guidance of the Holy Spirit, and the maternal protection of Our Mother of Perpetual Help, we devote ourselves to living this mission.

Pastor: Fr. Binh Ta, C.Ss.R.

Parochial Vicar: Fr. Mark Scheffler, C.Ss.R.

REDEMPTORIST COMMUNITY

Fr. Lyle Konen, C.Ss.R.

Fr. Bill Cleary, C.Ss.R.

Fr. Ray Maiser, C.Ss.R.

Fr. Bill Peterson, C.Ss.R.

Fr. Timothy Watson, C.Ss.R.



PARISH STAFF

Parish Office: Info@SacredHeartSeattle.com

Pastoral Asst. for Administration:

Val Valmonte, Val@SacredHeartSeattle.com

Administrative Assistant:

Noemi Reyes, NoemiR@SacredHeartSeattle.com

Maintenance:

Eddie Toups and Nazario Murrillo

PARISH MINISTRIES

Pastoral Council Chair: Roberta de Vera

Roberta@SacredHeartSeattle.com

Finance Council Chair: Giorgio Pompei

Cantor/Choir Director: Pam Nim

Books & Gifts Director: Lorie Pantig

Young Adult Ministry: Yams@SacredHeartSeattle.com

Dear Parishioners and Friends of Sacred Heart,

Today's gospel depicts Jesus as a teacher and healer with authority. His authority is rooted in being God's "beloved Son" and, as implied in the first reading (Deuteronomy), comes from being chosen, genuine, faithful, and prophetic in living out his Father's mission to liberate all from fear and bondage of "unclean spirit." The evil or unclean spirit is undoubtedly alive today, though it wears different masks and names (i.e., addictions, poverty, human trafficking, discriminations, unjust policies).

Each of us is perhaps gripped by certain unclean spirits, either directly embracing them in our way of living or indirectly perpetuating them as by-standers. Jesus wants to heal us, particularly through the Sacraments of the Eucharist, Reconciliation, and Anointing. With Christ's entrusted authority and grace, may we continue be genuine, faithful, and prophetic (i.e., speaking in Christ's name) in living out Christian commitment wherever we are (i.e., street, coffee shop, family, school, workplace, parish). Dear Jesus, thank you for the opportunity to assist you in healing and building a healthier society and world.

This weekend we extend our heartfelt welcome to Fr. Jim Shea, a Redemptorist from San Antonio, Texas. Fr. Jim will share with us a way to partner with the Redemptorists of Denver Province in furthering God's mission. The partnership is called Co-Redemptorist Association. All Redemptorists who have ever served at Sacred Heart are indebted to this association. Without your partnership of devoted prayers and financial support, Redemptorist vocations would be greatly deprived. Please be generous. Your generosity is a win-win investment, particularly for the spiritual future of our children.

For those in marriage vocation or are planning to get married, please note helpful information on "Natural Family Planning" classes in today's bulletin.

The Food Lifeline Network will review our application and inspect our location this Wednesday, in order to determine our suitability for the re-opening of the "food program" for homeless and poor working folks. Please continue to keep this process in your prayers, especially through Our Mother of Perpetual Help.

With love in Christ the Redeemer,

Fr. Binh Ta, C.Ss.R.



The Stewardship Of Treasure

Annual Goal	\$ 294,000
Year to Date Goal	169,500
Weekly Goal	5,650

Collections for the Week Ending January 22, 2012

Jan.22nd Weekend Offering	\$ 4,060
Year to Date Collections*	150,612
Parish Improvement Collection (Actual Collected—General Improvement, Net)	7,916
*Includes Year to Date EFTs	\$ 15,380
CCS Weekend Collection	5,000

Co-Redemptorist Association

A Co-Redemptorist actively sponsors a young man through prayer and financial support, in his spiritual journey to become a Redemptorist priest or brother.

A Co-Redemptorist receives a monthly spiritual letter, is included in 5 novenas a year, as well as the prayers said by the Redemptorist community.

Because of the Co-Redemptorists, the Redemptorists have never had to refuse a student for economic reasons.

Every Co-Redemptorists has a definite hand in shaping and educating Redemptorists for the future.

Source: www.poorandmostabandoned.org/coredemptorist-association.php

Daily Mass Intentions

Sun	Jan.29	9:00am	† Eufrocina Ervin
		11:00am	Zales & Adoracion Hao 34th Wedding Anniversary
		5:30pm	Sacred Heart Parish
Mon	Jan.30	8:00am	† Victor Zamora
		12:10pm	Karl Pfeffer
Tue	Jan.31	8:00am	† Holy Souls in Purgatory
		12:10pm	Bea Smollen
		5:30pm	Gretchen Pfeffer
Wed	Feb.1	8:00am	Siobhan & Dan Nichols 26th Wedding Anniversary
		12:10pm	† Margaret Constantino
Thu	Feb.2	8:00am	
		12:10pm	Special Intentions
Fri	Feb.3	8:00am	† Deceased C.Ss.R.s
		12:10pm	Redemptorist Community
Sat	Feb.4	8:00am	Special Intentions
		5:30pm	Kay and Pablo

Daily Readings from January 30 to February 4, 2012

1/30	2 Samuel 15:13,14,30	Psalms 3:2-7	Mark 5:1-20
	--16:5-13		
1/31	2 Samuel 18:9,10,14,24	Psalms 86:1-6	Mark 5:21-43
	25,30--19:3		
2/1	2 Samuel 24:2,9-17	Psalms 32:1,2,5-7	Mark 6:1-6
2/2	Malachi 3:1-4	Psalms 24:7-10	Luke 2: 22-40
	Hebrews 2:14-18		
2/3	Sirach 47:2-11	Psalms 18:31,47,50,51	Mark 6:14-29
2/4	1 Kings 3:4-13	Psalms 119:9-14	Mark 6:30-34

First Friday Eucharistic Adoration

February 3, 1:00PM - 5:30PM, in the Church

*Jesus said before His crucifixion,
"Can you not spend one hour with me?"*

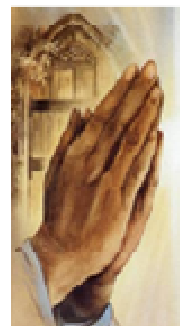
Jesus loves us without limit and offers Himself to us in the Holy sacrament of the Eucharist. Can we not give Jesus a few minutes of adoration in return?

"Every effort should be made to ensure that there are at least two people present. There must absolutely never be periods when the Blessed Sacrament is exposed and no one is present"
(United States Conference of Catholic Bishops publication, Thirty-One Questions on Adoration of the Blessed Sacrament - page 11)

Is the Lord inviting you to be His faithful companion during this private time? Please prayerfully consider committing to half an hour of Eucharistic Adoration. Sign-up sheets are available in the vestibule.

Please Pray for the Following People

Christina Buckley
Diedre Evans
Rose Ann Haas
Paul Sweeney
Paul Dargan
Joseph Usher
Catherine Binford
Anne Carroll
Barbara Felzer
Margaret Hernandez
Louise Steuart & Family



Dorothy Usher
Bernadette Berry
Jerry & Mary Pat
Dan Rosenberg
Daniel Mulholland
Jerry Usher
Ellen Donohoe
Kayla Preston
Mandy Bradley
Judy Day

HIPAA Laws require permission to publish names

This Week at Sacred Heart

January 29, Sunday

- Coffee Hour after the 9am & 11am Masses
- Legion of Mary, Adoration Chapel, 12:30pm

January 31, Tuesday

- MPH Novena after 8am, 12:10pm, 5:30pm Masses
- RCIA class, Fellowship Room, 7:00pm

February 3, First Friday

- Adoration in the Church after the 12:10pm Mass
- Benediction in the Church, 5:30pm

February 4, Saturday

- La Luz de Cristo, Adoration Chapel, 10am to noon
- Bereavement Support Group, Adoration Chapel 1:30pm - 3:00pm

Natural Family Planning Upcoming Classes

1/28, 2/25, 3/24	Blessed Sacrament	206-523-1903
1:15pm	Seattle	mkbernstein@live.com
1/29, 2/26, 3/25	Holy Cross Education	800-745-8252
2:30pm	Center, Tacoma	
2/12, 3/11, 4/15	St. Brendan	book.maven@comcast.net
6:30pm	Bothell	

Marriage and the Common Good From the Washington State Catholic Conference

Legislation has been introduced to change the current law defining marriage. The present law states: "marriage is a civil contract between a male and female..." and recognizes the value of marriage...in terms of the irreplaceable potential of man and woman to conceive and nurture life. A change in legislature will undermine family life. Please contact your state senators and representatives asking them to defend the current legal definition of marriage as a union between a man and a woman. For the complete text, please go to:
www.seattlearchdiocese.org/Assets/ARCH/BishopsMarriageStatement.pdf

Please remember Sacred Heart of Jesus Parish in your Will and Estate Planning