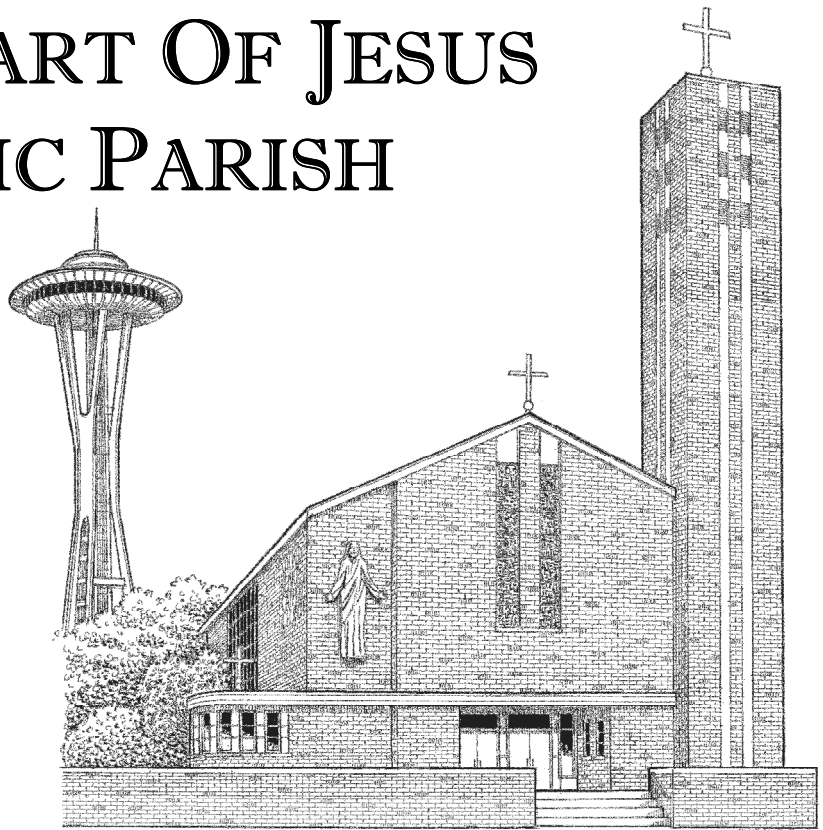


SACRED HEART OF JESUS CATHOLIC PARISH

February 17, 2013
First Sunday of Lent



205 Second Ave. N. Seattle, WA 98109-4817
Office Phone: (206) 284-4680 Fax: (206) 284-3161
Office Hours: 9am-noon, 1pm-4:30pm, Monday
9am-noon, 1pm-5pm, Tuesday - Friday
www.SacredHeartSeattle.com

MASS SCHEDULE

Monday—Saturday	8:00am
Monday—Friday	12:10pm
Tuesday	5:30pm
Saturday Vigil	5:30pm
Sunday	9am, 11am, and 5:30pm

Reconciliation: 30 min. before Daily Masses
Saturday 4pm-5pm

MISSION STATEMENT

We are a Catholic community dedicated to the Sacred Heart of Jesus, ministered by the Redemptorists in the Archdiocese of Seattle.

We are a welcoming community of baptized disciples. Through our Liturgy, Sacraments, Faith Formation, and Pastoral Care, we dedicate ourselves to being:

- *a Sacramental Community united in God's love*
- *a Community of Faith which shares in the teaching mission of Christ*
- *a Community of Stewardship of time, talent, and treasure serving people most in need*
- *a Community called to witness and proclaim the Good News through the power of the Holy Spirit*

With the grace of God, the guidance of the Holy Spirit, and the maternal protection of Our Mother of Perpetual Help, we devote ourselves to living this mission.

Pastor: Fr. Binh Ta, C.Ss.R.
Parochial Vicar: Fr. Mark Scheffler, C.Ss.R.

REDEMPTORIST COMMUNITY



Fr. Lyle Konen, C.Ss.R.
Fr. Bill Cleary, C.Ss.R.
Fr. Ray Maiser, C.Ss.R.
Fr. Bill Peterson, C.Ss.R.
Fr. Timothy Watson, C.Ss.R.

PARISH STAFF

Parish Office: Info@SacredHeartSeattle.com

Pastoral Asst. for Administration:

Val Valmonte, Val@SacredHeartSeattle.com

Administrative Assistant:

Noemi Reyes, NoemiR@SacredHeartSeattle.com

Maintenance:

Eddie Toups and Nazario Murrillo

PARISH MINISTRIES

Pastoral Council Chair: Roberta de Vera
Roberta@SacredHeartSeattle.com

Finance Council Chair: Ben Bauman

Food Program Director: Elise Hale-Case
program.director@qafb.org

Cantor/Choir Director: Pam Nim

Books & Gifts Director: Lorie Pantig

Young Adult Ministry: Yams@SacredHeartSeattle.com

God bless you!

Happy Valentine's Day! OK, it was last Thursday; but you have received a greeting late and still enjoyed having received it. We look from whom it came and smile. We open the card with a little positive expectation. If it is "just a card" with a trite greeting and printed name (unsigned), we are tempted to flick it into the waste basket. If it is signed, has a personally written message with an exchange of good intentions and well wishes, we really give our attention and then a smile of appreciation.

Something like this is sent/given to you today – Yes! Our new section of the Church basement has finally been finished into a new multi-purpose gathering room. On weekday mornings and before the 8:00am Mass, it will be used as a confessional - and then for many other reasons and gatherings during the days and in the evenings throughout the week. Our Adoration Chapel has taken on one more new purpose – we will also be celebrating our 8:00am Masses there every morning. Come and take a new look!

There have been many who have been responsible in slowly bringing these sections of our Church home into today's appreciative use. They are like Valentine's Day cards to all of us – love inspired, love directed, love intended. Thank you! Thank all of you who some years ago began contributing to a dream and through the years continued to dream and more who today finished the love project with your contributions, prayers, and personal support. I look forward to little by little continuing dreams with you and sharing Valentines so personally signed!

And a dream of a different sort – Father Binh and I – we are dreaming about a grand Mission for our parish family next month. Father Gary Lauenstein, a Redemptorist, will be giving the mission from Saturday March 16th through Wednesday March 20th. Information on Masses, mission talks and extras will be noted in your weekend bulletins. Mark the dates on your calendars! Plan to attend! Make it a wonderful Lenten Valentine treat for yourself! You will not be disappointed!

We read about the temptations of Jesus by the devil in today's gospel. He overcame these. And, "when the devil had finished every temptation, he departed from him for a time." That Jesus overcame the temptations really did not surprise me. Hello! You just don't go up against Jesus and think you will come out the victor! No, what caught my attention was the fact that the devil "departed from him for a time." So you and I will also be pursued for we make His word and His way meaningful! I look forward to dreaming new possibilities into reality with you and I pray you continue to do this with and between one another! Happy Valentine's Day!

Father Mark



The Stewardship Of Treasure

Annual Goal	\$ 271,100
Year to Date Goal	171,600
Weekly Goal	5,200

Collections for the Week Ending Feb.10

Feb.10 Weekend Offering	\$ 4,095
Year to Date Collections	163,768
Parish Improvement	9,574
Food Program	85,268
YTD EFT	30,415

Join us for Lenten Soup!

The season of Lent is here! Soup Lunch will be served after Stations of the Cross following the Wednesday 12:10pm Mass during Lent. Soup Suppers follow the Stations of the Cross every Lenten Friday at 6:30pm starting February 15. All are welcome.

If you are interested in making soup or contributing to the upcoming Wednesday or Friday soup meals, please sign up in the vestibule. Thank you.



Daily Mass Intentions

Sun Feb.17	9:00am	† John & Carmela Malatesta
	11:00am	Amalia Quiban
	5:30pm	† John Clark
Mon Feb.18	8:00am	† Florencio Galvez
	12:10pm	Margaret Thompson's 95th Birthday
Tue Feb.19	8:00am	Keith Viney
	12:10pm	† Charles DeMarra
	5:30pm	† Donald Murray
Wed Feb.20	8:00am	† Robert Richards
	12:10pm	Christine Bartell's Birthday
Thu Feb.21	8:00am	† Claire Venables
	12:10pm	† John Duplica
Fri Feb.22	8:00am	† Larry Donnaberg
	12:10pm	† Billy Delaney
Sat Feb.23	8:00am	Redemptorist Community
	5:30pm	Sacred Heart Parish

Daily Readings

2/18	Leviticus 19:1-12,11-18	Psalm 19:8-10,15	Matthew 25:31-46
2/19	Isaiah 55:10-11	Psalm 34:4-7,16-19	Matthew 6:7-15
2/20	Jonah 3:1-10	Psalm 51:3-4,12-13	Luke 11:29-32
		18-19	
2/21	Esther C:12,14-16,23-25	Psalm 138:1-3,7-8	Matthew 7:7-12
2/22	1 Peter 5:1-4	Psalm 23:1-6	Matthew 16:13-19
2/23	Deuteronomy 26:16-19	Psalm 119:1-2,4-5	Matthew 5:43-48
		7-8	

8am Weekday Masses in the Adoration Chapel

The 8:00am daily Masses (Mondays - Saturdays) are now being celebrated in the Adoration Chapel. Reconciliation before the 8:00am Mass is in the room next to the Chapel.

Mass for the Special Needs Community March 23, Saturday at 11:00am St. James Cathedral

Archbishop J. Peter Sartain invites us to celebrate a Mass for our special needs community, including families, friends, and our faith communities. Everyone is welcome. Reception follows in the Isaac Orr Conference Center.

For more information, contact Erica Cohen-Moore at 206-382-3852 or at ericac@seattlearch.org

"All persons with disabilities have the capacity to proclaim the Gospel and to be living witnesses to its truth within the community of faith and offer valuable gifts. Their involvement enriches every aspect of Church life."

United States Conference of Catholic Bishops, 2005

Statement by Archbishop Sartain on the Resignation of Pope Benedict XVI

You may find Archbishop Sartain's statement at:
www.seattlearchdiocese.org/Assets/News/3469_Feb11B2013.pdf

Please Pray for the Following People

Christina Buckley
Diedre Evans
Rose Ann Haas
Paul Sweeney
Paul Dargan
Joseph Usher
Margaret Hernandez
Barbara Felzer
Louise Steuart & Family
Leticia Manzano
Elizabeth Rugaber



Dorothy Usher
Bernadette Berry
Jerry & Mary Pat
Dan Rosenberg
Jerry Usher
Ellen Donohoe
Kayla Preston
Vito Grieco
Anne Carroll
George Sammut
Allison N.

HIPAA Laws require permission to publish names

This Week at Sacred Heart

February 17, Sunday

- Coffee Hour after the 9:00am & 11:00am Masses
- Legion of Mary, Adoration Chapel, 12:30pm

February 18, Monday: President's Day Holiday

- Regular Masses: 8:00am, 12:10pm
- Office is Closed

February 19, Tuesday

- MPH Novena after 8:00am, 12:10pm, & 5:30pm Masses

February 20, Wednesday

- Stations of the Cross after the 12:10pm Mass
- Followed by Soup Lunch, Fellowship Room
- RCIA session, Fellowship Room, 7:00pm

February 22, Friday: Day of Abstinence from Meat

- Stations of the Cross, 6:30pm
- Followed by Soup Supper, Fellowship Room

February 23, Saturday

- La Luz de Cristo, Adoration Chapel, 10:00am - noon

10 Things to Remember for Lent

1. **Remember the formula:** Prayer, Fasting, and Almsgiving
2. **It's a Time of Prayer:** As we pray, we go on a journey that will bring us closer to Christ.
3. **It's a time to fast:** Fasting is a form of penance, which helps us turn away from sin and toward Christ.
4. **It's a time to work on discipline:** Instead of giving something up, it can be doing something positive.
5. **It's about dying to yourself:** It's about finding aspects of yourself that are less than Christ-like and letting them die.
6. **Don't do too much:** We spend our entire lives growing closer to God. Don't cram it all in one Lenten season.
7. **Lent reminds us of our weaknesses:** Recognizing our weaknesses makes us seek God's help with sincerity
8. **Be patient with yourself:** God calls us to be patient and to see ourselves as He does: with unconditional love.
9. **Reach out in charity:** It's about reaching out to others as a way of sharing God's unconditional love
10. **Learn to love like Christ:** Giving of ourselves amidst our suffering and self-denial brings us closer to loving like Christ who suffered unconditionally on the Cross for us.

Source: www.usccb.org/prayer-and-worship/liturgical-resources/lent/journey-to-the-foot-of-the-cross-10-things-to-remember-for-lent.cfm