



Sacred Heart Shelter

232 Warren Avenue North Seattle, WA 98109

Program of Catholic Community Services

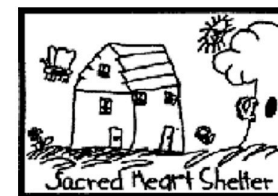


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Newsletter January 2011

Heart•Beat

News From the Sacred Heart Shelter



A NOTE FROM THE EXECUTIVE DIRECTOR

A new year brings hope to families and women at the Sacred Heart Shelter

Dear Friends,

January is month of resolve and new beginnings: a time when people set goals and make plans for change. At Sacred Heart Shelter this opportunity exists year around. Families and single women make new beginnings happen for themselves when they move into a home of their own. This is their "New Year" and with that, the opportunity to make positive changes in their lives. This is definitely a new beginning, a time of opportunity ... and hope. We are grateful to be with them on this journey, as you are with them too, by supporting Sacred Heart Shelter.

Thanks you for your commitment and resolve to help these new years happen at Sacred Heart Shelter all year long. Please keep Sacred Heart Shelter in your thoughts and plans for the coming year. Your support of monitory donation and volunteer time are essential for the quality services we provide at Sacred Heart each day.

*We send your way our gratitude for your support
And special good wishes to all for a wonderful 2011!*

Gillian Parke
Director Sacred Heart Shelter

VISIT US ON FACEBOOK!

Sacred Heart Shelter is on Facebook and we want to connect with you!

"Like" our page and we'll keep you updated on upcoming events , volunteer opportunities and other great news about Sacred Heart Shelter.



INKJET CARTRIDGE AND CELL PHONE RECYCLING PROGRAM

Sacred Heart Shelter is raising funds and helping the planet through recycling.

Recycle your empty inkjet cartridges and old cell phones.

When you recycle... Sacred heart will receive funds from Planet Green for every inkjet cartridge or cell phone we recycle. This means less landfill and a cleaner environment.

Organize a drive at your home, school or office! For more information contact 206-285-7489

COOKBOOK PARTY

Host a cookbook party in your home to benefit the Sacred Heart Shelter

What better way to show your support of the Sacred Heart Shelter than to host a Cookbook party at your home. Simply combine all the right ingredients; food, friends, family and fun for a great cause! Hosting a party in your home is a great way to support the shelter as well as a great opportunity to share and create some great soups from some of Seattle's top chefs. 40 Seasonal Soups is a cookbook of wonderful, seasonal soup recipes. The Seattle area's best chefs and restaurants, from local gems to those that are nationally renowned, contributed all of these delicious recipes. This user- friendly cookbook celebrates soup as the ultimate comfort food. Extremely versatile, soup can start, finish or headline any meal--and can range from luxuriously decadent to fundamentally basic, easily modified to fit any budget. Please call 206-285-7489 for more information.



- Canlis
- Ponti Seafood Grill
- Le Pichet
- Macrina Bakery
- Kaspars
- Voila Bistrot
- Tilth
- Union
- Le Pichet
- A&J Meats
- Brazino
- Olivars Twist

COOK BOOK ORDER FORM

Yes! Please send me _____copy(s)
of 40 Seasonal Soups Cookbook

☐ Enclosed is a check for \$_____ Plus \$3.00 shipping per book

\$20

Name _____

Address _____

Phone Number _____

232 Warren Avenue North Seattle, WA 98109 • 206-285-7489

January Wish List

2011 Calendars

and Day Planners

Tools

Screw drivers, duct tape, power drill, hammer, nails, all household tools

Daily Stuff..

- Metro Bus Tickets
- (2) New Kitchen Trash Bins
- New Twin Size Sheet Sets
- New Twin Size Blankets
- Cleaning Supplies
- Hygiene Supplies
- Alarm Clocks
- Bath, Hand & Wash Clothes

For the Kids...

- Backpacks for School
- Play Doh
- Play Doh Accessories
- Coloring Books
- Children's Story Books
- Crayons & Colored Pencils
- New/Lightly Used Winter Coats
- Diapers and Pull-ups

For the House...

- New Windows and Floors
- New Couches and Furniture

For the Office...

- General Office supplies

Volunteer with us!

- Dinner Cooks
- Children's Program



Celebrating the Holiday Season at the Sacred Heart Shelter



Santa introduces himself to our youngest resident, Sarah at our holiday party. Santa brought toys and gifts for all of our residents!



Beautiful holiday ornaments, decorations and lights were donated by the law firm Karr Tuttle Campbell



St. Bridget's youth choir sang holiday carols for Sacred Heart during our annual holiday and tree decorating party. The young group brought snacks and wonderful holiday cheer!

Donate Today!

Your tax deductible financial donations enable us to provide a safe, warm place for a homeless woman or family.

On-Line Donations:

Save a Stamp! To make an immediate and secure online donation:

<http://www.ccsww.org/site/shshelter>

Cash & Check Donations:

The good old fashioned way! You can send a check donation via US Mail to or hand deliver to the following address:

Sacred Heart Shelter
232 Warren Avenue North
Seattle, WA 98109

Planned Gifts, Stock & Other Donations:

Sacred Heart Shelter also welcomes bequests and memorial gifts, as well as other types of support. Please contact Gillian Parke, Program Director, at (206) 285-7489 to discuss a wide variety of ways to give.

Join us for a Tour!

Are you interested in knowing more about Sacred Heart Shelter? Call Angie Michelle at (206) 285-7489 to schedule a tour of the house and learn about volunteer opportunities for you or your family.

Thank You!