



Sacred Heart Shelter

232 Warren Avenue North Seattle, WA 98109

Program of Catholic Community Services



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INKJET CARTRIDGE AND CELL PHONE RECYCLING PROGRAM



Sacred Heart Shelter is raising funds and helping the planet through recycling.

Recycle your empty inkjet cartridges and old cell phones.

When you recycle...

Sacred heart will receive funds from Planet Green for every inkjet cartridge or cell phone we recycle. This means less landfill and a cleaner environment.

Organize a drive at your home, school or office!
For more information contact 206-285-7489

VISIT US ON FACEBOOK!

Sacred Heart Shelter is on Facebook and we want to connect with you!

"Like" our page and we'll keep you updated on upcoming events, volunteer opportunities and other great news about Sacred Heart Shelter.



Heart•Beat

News From the Sacred Heart Shelter



Newsletter July 2011



Welcome Home!

Making a fresh start can be difficult. Help families get started in their new home by sponsoring the Welcome Home project at your work, church or school!

One of the most exciting times at Sacred Heart is when our families stabilize and move into their own homes. Many of our residents have had to leave behind their household items and furniture so when they move into their own apartments they are starting from scratch. In the last few years we have tried to assist our families with some of these household items as they are increasingly hard to find from other community organizations. Our residents get incredibly excited over even the small items that make an empty apartment feel a little more like home. We are in need of small new kitchen appliances, utensils, pots pans, dishes and bath towels.

Individuals and families have always been so generous to our "Welcome Home" program. With the increased need this year please consider running a "Welcome Home" drive at your work, church or school. We will provide you with posters and detailed information for the campaign.

We would love to be able to take furniture but unfortunately we do not have the storage. Thank you.

Helping others, could it get any easier?

Check out the Sacred Heart Shelter Wish List on amazon.com by searching SACRED HEART SHELTER under the Wish List tab on the amazon.com home page. Make your purchases for project *Welcome Home* and have your items sent directly to SHS. Share the link with your friends! For more information contact Angie Michelle or Eve McCarthy at 206-285-7489.



Welcome Home Items

- Pots, pans, baking dishes, cookie sheets
- Mixing bowls
- Measuring cups
- Cups, mugs, dishes, silverware
- Spice rack and salt and pepper shakers
- Tea kettle, tea pot
- Colander
- Kitchen towels
- Kitchen utensils- spatulas, can openers, mixing spoons, peelers, whisks etc.
- Knife sets
- Food storage containers
- Irons
- Cutting boards
- Small appliances— mixers, toasters, food processors, hand mixers, small coffee makers
- Toilet plunger
- Sheet sets
- Bath towels and bath mats
- Blankets
- Pillows
- Alarm clocks and wall clocks

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40 Seasonal Soups Cookbook

- Canlis
- Ponti Seafood Grill
- Le Pichet
- Macrina Bakery
- Kaspars
- Voila Bistrot
- Tilth
- Union
- Le Pichet
- A&J Meats
- Brazino
- Olivar Restaurant
- Matt's in the Market
- Lark
- Taste

40 Seasonal Soups is a cookbook of wonderful, seasonal soup recipes. The Seattle area's best chefs and restaurants, from local gems to those that are nationally renowned, contributed all of these delicious recipes. This user-friendly cookbook celebrates soup as the ultimate comfort food. Extremely versatile, soup can start, finish or headline any meal--and can range from luxuriously decadent to fundamentally basic, easily modified to fit any budget.

Great Gift Idea!

COOK BOOK ORDER FORM

Yes! Please send me _____copy(s)
of 40 Seasonal Soups Cookbook

☐ Enclosed is a check for \$_____ Plus \$3.00 shipping per book

\$20

Name _____

Address _____

Phone Number _____

Donate Today!

Your tax deductible financial donations enable us to provide a safe, warm place for a homeless woman or family. Your gift of \$25 or more will greatly contribute to the safety and security of homeless families and women.

On-Line Donations:

Save a Stamp! To make an immediate and secure online donation:

<http://www.ccsww.org/site/shshelter>

Planned Gifts, Stock & Other Donations:

Sacred Heart Shelter also welcomes bequests and memorial gifts, as well as other types of support. Please contact Gillian Parke,

Program Director, at (206) 285-7489 to discuss a wide variety of ways to give.

Join us for a Tour!

Are you interested in knowing more about Sacred Heart Shelter? Call Angie Michelle at (206) 285-7489 to schedule a tour of the house and learn about volunteer opportunities for you or your family.

Cash & Check Donations:

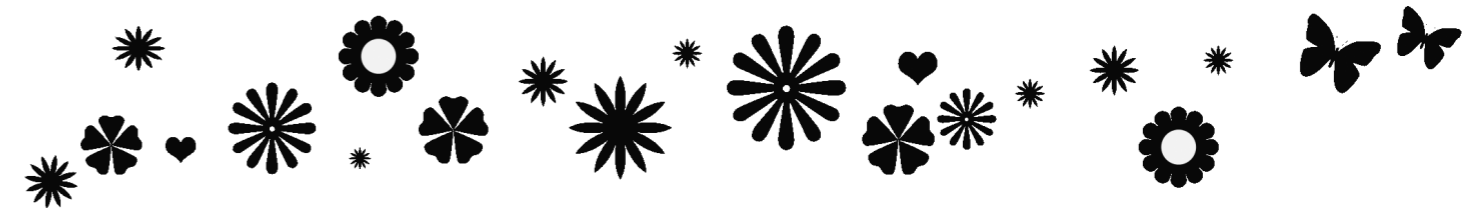
The good old fashioned way! You can send a check donation via US Mail to or hand deliver to the following address:

Sacred Heart Shelter
232 Warren Avenue North
Seattle, WA 98109

Thank You to All our Volunteers, Staff and Board Members

Bradley Allan-- Providence Health
Trudy DeSilets-- SHS Chairperson
Patrick Higgins-- Community Member
Susie Jarvis-- Community Member
Colin Klein-- Microsoft
Angie Michelle-- SHS Fund Developer
Dylan Munn-- Community Member
Jim Odom-- Odom Corporation
Jim O'Neil-- RBC Wealth Management
Gillian Parke-- SHS Program Director
Walter Terry-- Community Member

Gillian Parke--Program Director gillianp@ccsww.org
Angie Michelle--Fund Developer angimi@ccsww.org
Elissa Knight--Shelter Coordinator elissak@ccsww.org
Eve McCarthy--Case Manager evem@ccsww.org
Kristina Grotts--Jesuit Volunteer Corps. NW kristinag@ccsww.org
Mimi Bayeh--Direct Service Advocate
Taffey Murray--Direct Service Advocate



July Wish List and Volunteer Opportunities

Urgent Needs..

- **Toothpaste**
- **Toothbrushes**
- **Razors (men and women)**
- **Women's Deodorant**
- **Paper Towels**
- **Toilet Paper**
- **Facial Tissues**
- **Hair Brushes and Combs**
- Diapers all sizes except newborn sizes
- Shampoo
- Conditioner
- Body Lotions
- Feminine Hygiene Products
- Pine Sol
- Multipurpose cleaners
- Sponges and scrub Brushes

Hold a Supply Drive!

Sacred Heart is running extremely low on basic hygiene and household products . We are particularly low on toothbrushes, toothpaste and women's deodorant. Please consider holding a supply drive at your work or church.

Skilled Volunteers Needed!

Sacred Heart is in need of experienced electricians, carpenters and handy-people for minor repairs around the house. Please contact Angie Michelle at 206-285-7489 for more information. Thank you!

