

### Sacred Heart Shelter

232 Warren Avenue North Seattle, WA 98109

**Program of Catholic Community Services**



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## 40 Seasonal Soups Cookbook

- |                       |                 |                     |
|-----------------------|-----------------|---------------------|
| • Canlis              | • Kaspars       | • Le Pichet         |
| • Ponti Seafood Grill | • Voila Bistrot | • A&J Meats         |
| • Le Pichet           | • Tilth         | • Brazino           |
| • Macrina Bakery      | • Union         | • Olivar Restaurant |

40 Seasonal Soups is a cookbook of wonderful, seasonal soup recipes. The Seattle area's best chefs and restaurants, from local gems to those that are nationally renowned, contributed all of these delicious recipes. This user-friendly cookbook celebrates soup as the ultimate comfort food. Extremely versatile, soup can start, finish or headline any meal--and can range from luxuriously decadent to fundamentally basic, easily modified to fit any budget.

✂ Great Gift Idea!

### COOK BOOK ORDER FORM

Yes! Please send me \_\_\_\_\_ copy(s)  
of \$40 Seasonal Soups Cookbook

☐ Enclosed is a check for \$\_\_\_\_\_ Plus \$3.00 shipping per book

# \$20

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_



# Heart•Beat

News From the Sacred Heart Shelter



Newsletter August 2010

## This Old House...

By Angie Michelle

This old house is a home, just like any other, on any street, in any town. It is an ordinary home; a place of residence, refuge, and comfort. This old house is a home that has seen tears of laughter and sorrow, joys of success, and the disappointments of failure.

This old house has welcomed newborn babies and provided warmth and comfort to those ailing and sick. Fabulous meals, questionable leftovers, birthday cakes, science projects, board games and arguments have all been shared around our kitchen table.

This old house is busy in the morning. Showers to take, lunches packed, and school permission slips to be signed. Worried yet proud parents send their children off to school and welcome them home at the end of the day. This is an ordinary house.

In this old house children laugh and play; they learn to share their toys and ideas, make friends and mistakes. In this old house children

misbehave. They run when their told to walk and touch things they shouldn't. In this old house parents get frustrated, children are scolded. In this old house memories are made.

In this old house people fight over the remote, forget to empty the dishwasher, and dread doing the laundry. This is an ordinary house.

This old house is a home just like yours. A home needs attention and repair. Carpets get dirty, furniture gets worn and appliances break. This old house is sometimes repaired with duct tape and imagination. This is a home just like yours.

In this old house love conquers hate, compassion fuels hope, and good combats evil. Strength and love is ever present in this home that never lacks adversity. In this home safety is secured and faith is restored. In this ordinary home hearts are lifted.

232 Warren Avenue North Seattle, WA 98109 • 206-285-7489

# Downtown Luncheon to Benefit Sacred Heart Shelter

Downtown Urban Soup Luncheon will be held October 8th at Plymouth Congregational Church, on 6th and University from 11 a.m. to 2 p.m. Urban Soup is held each year in downtown Seattle to raise funds for Sacred Heart Shelter. It is an easy and yummy way to make a difference in the lives of the homeless in our community. All proceeds go directly to the shelter's operating budget.

Soup and breads from some of the area's best restaurants, bakeries, and gourmet shops -Matt's in the Market, Ivar's, Canlis, Voila Bistrot and Macrina Bakery, to name a few will be served, along with a happy dose of live bluegrass by the Duwamish Mountain Band.

Urban Soup is presented by the law firm Karr Tuttle Campbell. Tickets can be purchased online at [brownpapertickets.com/event/121913](http://brownpapertickets.com/event/121913) or by calling the shelter at 206-285-7489. Volunteer and sponsorship opportunities are still available. For more information call Angie Michelle 206-285-7489.

## Urban Soup Tickets and Sponsorship Opportunities

☐ My Family/Business would like to be a sponsor at Urban Soup for **\$100, \$250 \$500, or \$ 1000**

All sponsors will be recognized at the Urban Soup event and all promotional materials.

### Tickets On Sale Now! \$15 Each

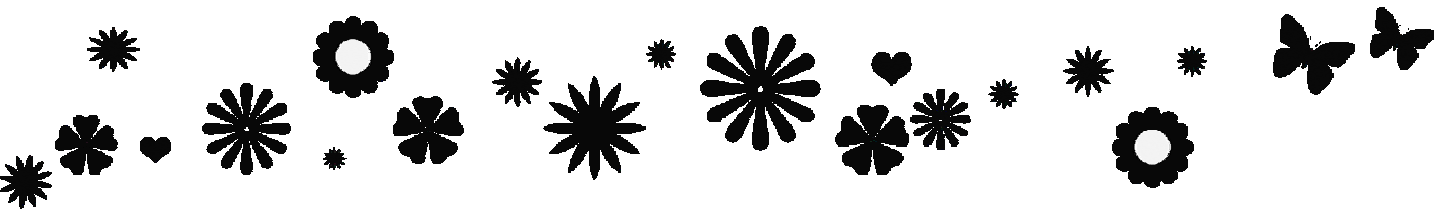
Please send me \_\_\_\_ tickets to Urban Soup to the address below

Name \_\_\_\_\_

Business \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_



Thank You to All our Volunteers, Staff and Board Members

## SHS Fundraising Board

Trudy DeSilets- Chairperson  
Danielle Green- Volunteer Coordinator  
Brian Hanson- Community Member  
Patrick Higgins- Community Member  
Susie Jarvis- Community Member  
Colin Klein- Microsoft  
Elizabeth Kruse- Community Member  
Darin Kudrna- Golf Events  
Angie Michelle- Fund Developer  
Jim Odom- Odom Corporation  
Jim O'Neil- Community Member  
Gillian Parke- Program Director  
Walter Terry- Community Member

## Contact our Staff at 206-285-7489 or Email! Us!

Gillian Parke-Program Director [gillianp@ccsww.org](mailto:gillianp@ccsww.org)  
Angie Michelle-Fund Developer [angimi@ccsww.org](mailto:angimi@ccsww.org)  
Elissa Knight-Shelter Coordinator [elissak@ccsww.org](mailto:elissak@ccsww.org)  
Eve McCarthy-Case Manager [evem@ccsww.org](mailto:evem@ccsww.org)  
Danielle Green-Volunteer/Resource Coordinator [danielleg@ccsww.org](mailto:danielleg@ccsww.org)  
Elizagrace Madrone-Quest Volunteer [elizam@ccsww.org](mailto:elizam@ccsww.org)  
Mimi Bayeh-Direct Service Advocate  
Taffey Murray-Direct Service Advocate  
Victor Velez-Direct Service Advocate  
Jo Wolf-Direct Service Advocate

# Wish List and Volunteer Opportunities

## Daily Stuff..

- Metro Bus Tickets
- (2) New Kitchen Trash Bins
- New Twin Size Sheet Sets
- New Twin Size Blankets
- Cleaning Supplies
- Hygiene Supplies
- Oscillating Fans
- Children's Bed Guard Rails
- Children's Play Pin
- New Shower Curtains
- Alarm Clocks
- Bath, Hand & Wash Clothes

## For the Kids...

- Backpacks for School
- Play Doh
- Play Doh Accessories
- Coloring Books
- Children's Story Books
- Crayons & Colored Pencils
- New/Lightly Used Winter Coats
- Diapers and Pull-ups
- Construction Paper
- Glue, Scissors, Glitter

## For the House...

- New Windows and Floors
- New Couches and Furniture

## For the Office...

- General Office supplies

## Volunteer with us!

- Dinner Cooks
- Children's Program
- Yard Maintenance

Contact Danielle Green our Volunteer/Resource Coordinator for more information (206)285-7489

# Donate Today!

Your tax deductible financial donations enable us to provide a safe, warm place for a homeless woman or family. A gift of \$25.00 will allow a woman to stay at the Sacred Heart Shelter for 2 nights; \$100.00 for a family of four to stay two nights.

## Planned Gifts, Stock & Other Donations:

Sacred Heart Shelter also welcomes bequests and memorial gifts, as well as other types of support. Please contact Gillian Parke, Program Director, at (206) 285-7489 to discuss a wide variety of ways to give.

## On-Line Donations:

Save a Stamp! To make an immediate and secure online donation:  
<http://www.ccsww.org/site/shshelter>

## Cash & Check Donations:

The good old fashioned way! You can send a check donation via US Mail to or hand deliver to the following address:  
Sacred Heart Shelter  
232 Warren Avenue North  
Seattle, WA 98109

## Join us for a Tour!

Are you interested in knowing more about Sacred Heart Shelter? Call Angie Michelle at (206) 285-7489 to schedule a tour of the house and learn about volunteer opportunities for you or your family.

Thank You!

