



Sacred Heart Shelter

232 Warren Avenue North Seattle, WA 98109

Program of Catholic Community Services



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INKJET CARTRIDGE AND CELL PHONE RECYCLING PROGRAM



Sacred Heart Shelter is raising funds and helping the planet through recycling.

Recycle your empty inkjet cartridges and old cell phones.

When you recycle...

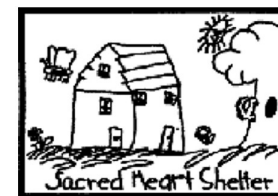
Sacred heart will receive funds from Planet Green for every inkjet cartridge or cell phone we recycle. This means less landfill and a cleaner environment.

Organize a drive at your home, school or office!
For more information contact 206-285-7489

VISIT US ON FACEBOOK!

Sacred Heart Shelter is on Facebook and we want to connect with you!

"Like" our page and we'll keep you updated on upcoming events, volunteer opportunities and other great news about Sacred Heart Shelter.



Heart•Beat

News From the Sacred Heart Shelter



Newsletter September 2011

Urban Soup 2011 Annual Downtown Luncheon to Benefit Sacred Heart Shelter Scheduled for October 14th!



Sacred Heart Shelter's popular Downtown Urban Soup Luncheon (Formerly called Soupline) will be held Friday, October 14th at Plymouth Congregational Church, on 6th and

University from 11 a.m. to 2 p.m. Urban Soup is held each year in downtown Seattle to raise funds for Sacred Heart Shelter. It is an easy and yummy way to make a difference in the lives of the homeless in our community. All proceeds go directly to the shelter's operating budget.

Soup and breads from some of the area's best restaurants, bakeries, and gourmet shops - Matt's in the Market, Ivar's, Canlis, Purple and Macrina Bakery, to name a few will be served, along with a happy dose of live bluegrass by the Overhauls!

Urban Soup is presented by the law firm Karr Tuttle Campbell. Tickets can be



Urban Soup Tickets and Sponsorship Opportunities

My Family/Business would like to be a sponsor at Urban Soup for **\$100, \$250 \$500, or \$ 1000 or more**

Tickets On Sale Now! \$15 Each

Please send me ____ tickets to Urban Soup to the address below.

☐ Please contact me about sponsorship.

Name _____

Company _____

Address _____

Phone Number _____

purchased at the door or by calling 206-285-7489. Volunteer and sponsorship opportunities are still available. For more information call Angie Michelle at 206-285-7489.

232 Warren Avenue North Seattle, WA 98109 • 206-285-7489



40 Seasonal Soups Cookbook

- Canlis
- Ponti Seafood Grill
- Le Pichet
- Macrina Bakery
- Kaspars
- Voila Bistrot
- Tilth
- Union
- Le Pichet
- A&J Meats
- Brazino
- Olivar Restaurant
- Matt's in the Market
- Lark
- Taste

40 Seasonal Soups is a cookbook of wonderful, seasonal soup recipes. The Seattle area's best chefs and restaurants, from local gems to those that are nationally renowned, contributed all of these delicious recipes. This user-friendly cookbook celebrates soup as the ultimate comfort food. Extremely versatile, soup can start, finish or headline any meal--and can range from luxuriously decadent to fundamentally basic, easily modified to fit any budget.

Great Gift Idea!

COOK BOOK ORDER FORM

Yes! Please send me _____copy(s)
of 40 Seasonal Soups Cookbook

☐ Enclosed is a check for \$_____ Plus \$3.00 shipping per book

\$20

Name _____

Address _____

Phone Number _____

Donate Today!

Your tax deductible financial donations enable us to provide a safe, warm place for a homeless woman or family. Your gift of \$25 or more will greatly contribute to the safety and security of homeless families and women.

On-Line Donations:

Save a Stamp! To make an immediate and secure online donation:

<http://www.ccsww.org/site/shshelter>

Planned Gifts, Stock & Other Donations:

Sacred Heart Shelter also welcomes bequests and memorial gifts, as well as other types of support. Please contact Gillian Parke,

Program Director, at (206) 285-7489 to discuss a wide variety of ways to give.

Join us for a Tour!

Are you interested in knowing more about Sacred Heart Shelter? Call Angie Michelle at (206) 285-7489 to schedule a tour of the house and learn about volunteer opportunities for you or your family.

Cash & Check Donations:

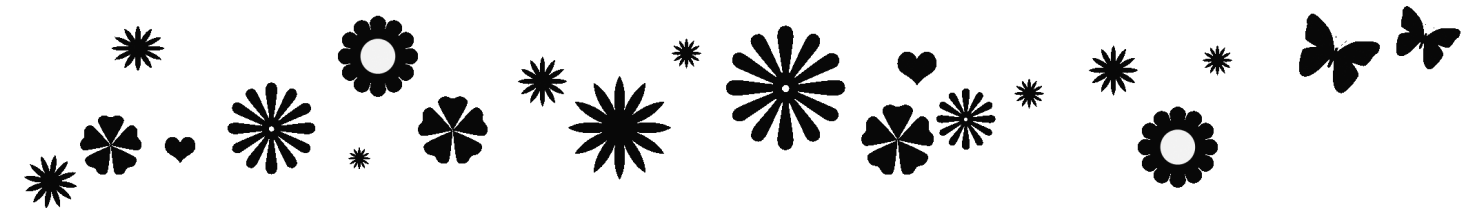
The good old fashioned way! You can send a check donation via US Mail to or hand deliver to the following address:

Sacred Heart Shelter
232 Warren Avenue North
Seattle, WA 98109

Thank You to All our Volunteers, Staff and Board Members

Bradley Allan-- Community Member
Trudy DeSilets-- SHS Chairperson
Patrick Higgins-- Community Member
Susie Jarvis-- Community Member
Colin Klein-- Microsoft
Angie Michelle-- SHS Fund Developer
Dylan Munn-- Community Member
Jim Odom-- Odom Corporation
Jim O'Neil-- RBC Wealth Management
Gillian Parke-- SHS Program Director
Walter Terry-- Community Member

Gillian Parke--Program Director gillianp@ccsww.org
Angie Michelle--Fund Developer angiem@ccsww.org
Elissa Knight--Shelter Coordinator elissak@ccsww.org
Eve McCarthy--Case Manager evem@ccsww.org
Evan Miller--Volunteer & Resource Coordinator evanm@ccsww.org
Mimi Bayeh--Direct Service Advocate
Taffey Murray--Direct Service Advocate



September Wish List and Volunteer Opportunities

Donations Needed!

- **New Children's Sippy Cups** (*Urgent Need)
- **New Bath Towels** (*Urgent Need)
- **New Face wash clothes**(*Urgent Need)
- **Toothpaste**(*Urgent Need)
- **Toothbrushes**(*Urgent Need)
- **Razors (men and women)**(*Urgent Need)
- **Women's Deodorant**(*Urgent Need)
- Paper Towels
- Toilet Paper
- Facial Tissues
- Hair Brushes and Combs
- Dish Towels and Hand Towels
- Diapers all sizes except newborn sizes
- Shampoo
- Conditioner
- Body Lotions
- Feminine Hygiene Products
- Pine Sol
- Multipurpose cleaners
- Sponges and scrub brushes

Supply Drive of the Month

New Sippy Cups for children

A great way to help Sacred Heart Shelter is to hold a drive at your workplace, church or school. This month SHS is in need of NEW or **VERY GENTLY USED** Sippy Cups!

No more crying over spilt milk! 30 cups would last us through the year. Please consider organizing a drive to help stock our supply for our little kiddies! For more information contact our Evan Miller at evanm@ccsww.org or call at 206-285-7489.



Special Thanks!

Last month BOTH of our washer and dryers broke and we sent a plea for help to our friends via email. Thank you to our generous donors that helped us purchase brand new machines! These amazing acts of kindness and generosity continue to amaze! Thank you are our **HEROES!**

