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Sacred Heart Shelter

232 Warren Avenue North Seattle, WA 98109

Program of Catholic Community Services



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40 Seasonal Soups Cookbook

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- Le Pichet
- A&J Meats
- Olivar Restaurant

 - Matt's in the Market
 - Lark
 - Taste

40 Seasonal Soups is a cookbook of wonderful, seasonal soup recipes. The Seattle area's best chefs and restaurants, from local gems to those that are nationally renowned, contributed all of these delicious recipes. This user- friendly cookbook celebrates soup as the ultimate comfort food. Extremely versatile, soup can start, finish or headline any meal--and can range from luxuriously decadent to fundamentally basic, easily modified to fit any budget.

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Heart . Beat

News From the Sacred Heart Shelter



Newsletter November 2010

Urban Soup 2010 15K Raised for Homeless Families and Women!

What a great year! Urban Soup raised more than 15K for the Sacred Heart Shelter operational budget! Thank You to everybody that came out to support the shelter and enjoyed this fabulous lunch! We look forward to seeing you all next year! A special thank you to Boyd Sharp for his continued support of this event! We are so grateful to all of our loyal volunteers and the great restaurants that donate to this fun event each year! We

couldn't do it without you! THANK YOU!

Urban Soup is Presented by the law firm Karr Tuttle Campbell. If you or your company is interested in sponsorship please call Angie Michelle at 206-285-7489.







232 Warren Avenue North Seattle, WA 98109 • 206-285-7489

Holiday Open House

Thursday, December 2, 2010 5:30-7:30

Sunday, December 5, 2010 12:00-3:00

The wonderful season is upon us! Please join us on Thursday, December 2nd or Sunday, December 5th for a holiday open house and tour

of the Sacred Heart Shelter. Meet some of the women and families from the Sacred Heart

Shelter and enjoy some cookies and warm apple cider. The house will be fully decorated and ready to celebrate the Holiday Season! Large office groups or families are encouraged to come! Parking is available in our free parking lot located on the south side of the building. There are entrances to the parking lot on both Thomas and John Street. Please feel free to contact Angie Michelle with questions or for additional information at 206-285-7489 or email angiemi@ccsww.org. Hope to see you in December!





Donate Today!

Your tax deductible financial donations enable us to provide a safe, warm place for a homeless woman or family. Your gift of \$25 or more will greatly contribute to the safety and security of homeless families and women.

On-Line Donations:

Save a Stamp! To make an immediate and secure online donation:

http://www.ccsww.org/site/shshelter

Planned Gifts, Stock & Other Donations:

Sacred Heart Shelter also welcomes beguests and memorial gifts, as well as other types of support. Please contact Gillian Parke,

Program Director, at (206) 285-7489 to discuss a wide variety of ways to give.

Join us for a Tour!

Are you interested in knowing more about Sacred Heart Shelter? Call Angie Michelle at (206) 285-7489 to schedule a tour of the house and learn about volunteer opportunities for you or your family.

Cash & Check Donations:

The good old fashioned way! You can send a check donation via US Mail to or hand deliver to the following address:

> Sacred Heart Shelter 232 Warren Avenue North Seattle, WA 98109

KARR ▼ TUTTLE ▼ CAMPBELI

Thank You to All our Volunteers, Staff and Board Members

SHS Fundraising Board

Bradley Allan- Community Member Trudy DeSilets- Chairperson Danielle Green- Volunteer Coordinator Patrick Higgins - Community Member Susie Jarvis — Community Member Colin Klein- Microsoft Elizabeth Kruse- Community Member Darin Kudrna— Golf Events Angie Michelle- Fund Developer Jim Odom - Odom Corporation Jim O'Neil- Community Member Gillian Parke—Program Director Walter Terry- Community Member

Contact our Staff at 206-285-7489 or F mail! (Is!

Gillian Parke—Program Director gillianp@ccsww.org

Angie Michelle—Fund Developer angimi@ccsww.org

Elissa Knight—Shelter Coordinator elissak@ccsww.org

Eve McCarthy—Case Manager evem@ccsww.org

Danielle Green—Resource Coordinator danielleg@ccsww.org

Kristina Grotts—Jesuit Volunteer Corps. NW kristinag@ccsww.org

Mimi Baveh—Direct Service Advocate

Taffey Murray—Direct Service Advocate

Victor Velez—Direct Service Advocate

Jo Wolf—Direct Service Advocate



November Wish List and Volunteer Opportunities

Urgent Needs..

- Umbrellas
- Women's underwear
- Women's socks
- New twin size blankets
- Men's razors and cream
- Gift Cards for Payless Shoes, Old Navy or QFC

Daily Stuff

- New twin size sheet sets
- Cleaning supplies
- Hygiene supplies
- Children's play pin
- New shower curtains
- Alarm clocks
- Bath, hand & wash clothes

For the Kids...

- Backpacks for school
- Play Doh
- Play Doh accessories
- Coloring books
- Crayons & colored pencils
- Diapers and pull-ups
- Construction paper
- · Glue, scissors, glitter

For the Office...

- General office supplies
- Scissors
- Calculators
- Staplers
- Envelopes

For the Kitchen

- Cereal size bowls
- Rice Cooker
- New kitchen knives
- Measuring cups and spoons
- Large Teflon frying pan
- Sponges and dish towels
- Large serving bowls
- Crock Pot
- Hand Mixer

Volunteer with us!

- Dinner cooks
- Children's program
- Office volunteers